


# **St. Croix County Area Nutrition Program October 2017 Menu**

Serving Mondays through Thursdays at the following locations:

**Baldwin** – 684-2979    **Deer Park** – 269-5301    **Glenwood City** – 265-7242    **New Richmond** – 888-1205    **Somerset** – 247-5354  
**Woodville** – 698-2152    **Roberts** – 749-3755 serving Mondays & Wednesdays

**\*\* Due to circumstances beyond our control, menu changes may occur from time to time. \*\***

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>2</b> <b>Beef Stroganoff over Buttered Noodles</b> Green Bean Almandine Bread and Butter Cake	<b>3</b> <b>Boiled Dinner</b> Garden Salad with Dressing Bread and Butter Gingersnap Fluff	<b>4</b> <b>Chicken Breast in Cheesy Broccoli Sauce over Brown Rice</b> Bread and Butter Cottage Cheese with Fruit	<b>5</b> <b>Black Bean Tortilla Bake</b> Marinated Vegetable Salad Bread and Butter Banana
<b>9</b> <b>Swiss Steak</b> Mashed Potatoes and Gravy Cheesy Cauliflower Bread and Butter Fruit Cup	<b>10</b> <b>Cook's Choice Menu</b>	<b>11</b> <b>Bratwurst and Bun</b> Sauerkraut Roasted Roots Pie	<b>12</b> <b>Baked Fish</b> Au Gratin Potatoes Buttered Pea Bread and Butter Cookie
<b>16</b> <b>Chicken Chow Mein with Vegetables over Rice</b> Cook's Choice Salad Bread and Butter Dessert Bar	<b>17</b> <b>Tuna Salad on a Croissant</b> <b>Cook's Choice Soup</b> Lemon Pudding Fruit Dessert	<b>18</b> <b>Sliced Pork Roast</b> Mashed Potatoes and Gravy Corn and Broccoli Bake Bread and Butter Cinnamon Applesauce	<b>19</b> <b>Country Style Ribs</b> Baked Potato with Sour Cream Creamed Spinach Bread and Butter Peaches and Pears
<b>23</b> <b>Crispy Fish Sandwich with Lettuce</b> Macaroni and Cheese Asparagus Sliced Pineapple	<b>24</b> <b>Oven Baked Pork Chops</b> Creamed Potatoes Vegetable Medley Bread and Butter Fruit Cup	<b>25</b> <b>Cheeseburger Casserole</b> Shredded Carrot Salad Bread and Butter Angel Food with Fruit	<b>26</b> <b>Chicken Parmesan over Noodles</b> Spinach Salad French Bread Cobbler
<b>30</b> <b>Ham and Swiss Sandwich</b> <b>Hearty Potato Soup</b> Chilled Apricots	<b>31</b> <b>Spooky Spaghetti Bake</b> Batty Beets Frog Eye Salad Garlicy Bread Devil's Dessert	<div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p style="color: orange;">Suggested Donation for:</p> <p style="color: orange;">Congregate Dining: <b>\$4.00 per meal</b></p> <p style="color: orange;">Home-delivered Meals: <b>\$6.50 per meal</b></p> <p style="color: orange;">Please pay as much as you can afford, as we rely on donations from participants to keep the program going.</p> </div> </div>	